

AMAC Parent/Guardian Code of Conduct

2025–2026 Season



At AMAC, we value the role that parents and guardians play in supporting their swimmer's journey. To ensure a positive and respectful environment for all athletes, families, coaches, and volunteers, we ask that every parent/guardian/swimmer follow this Code of Conduct. AMAC is committed to providing an environment in which all AMAC Members are treated with respect characterized by the values of fairness, integrity, and open communication. Membership in AMAC, as well as participation in its activities, brings many benefits and privileges. At the same time, Members and participants are expected to fulfill certain responsibilities and obligations including, but not limited to, complying with AMAC's policies, bylaws, rules and regulations, including the Code of Conduct and Ethics. Irresponsible behaviour by Members can result in severe damage to the integrity of AMAC.

Commitments as a Parent/Guardian

As a parent/guardian, I will:

- Encourage good sportsmanship by showing positive support for all athletes, coaches, officials, and volunteers. ● Encourage my child to communicate directly with coaches about their training, racing, or goals, helping build independence and confidence.
- Do my best to notify coaches in advance if my child will miss more than one practice in a row.
- Support coaches and officials who are working with my child, recognizing their efforts to create a safe and enjoyable environment.
- Respect that only designated coaches and officials are permitted on the pool deck during practices and meets. ● Help create a sports environment that is free of drugs, tobacco, and alcohol at all swim-related events. ● Remember that swimming is about more than best times or qualifying standards—it is also about learning, development, and enjoyment.
- Encourage my child to treat all swimmers, coaches, officials, and families with respect.
- Ensure that all registration fees and associated costs are paid in full by the designated deadlines.

Respectful Communication

- I will communicate with coaches and the Board in a respectful and constructive manner.
- I will use **email** as the preferred method of communication, unless directed otherwise.
- I will not interrupt practices or meets to address concerns, unless it is emergent.
- I will follow the DISCIPLINE and COMPLAINTS POLICY.
- I will allow a **24-hour cool-down period** before reaching out about concerns, unless it is emergent. ● I will treat the Board of Directors, who are volunteers, with respect, recognizing their work is done in the best interest of the club.
- I will not speak negatively about coaches, swimmers, or board members in public or on social media. Concerns will be addressed privately, through the proper channels.
- This Code also applies to Members' conduct outside of AMAC's business, activities, and events when such conduct adversely affects relationships within AMAC (and its work and sport environment) or is detrimental to the image and reputation of AMAC.

Positive Parent Involvement

Parents are vital to the success of AMAC. I will:

Support My Athlete

- Celebrate effort, improvement, and perseverance—not just wins.
- Help my child balance swimming with school, family, and other interests.
- Ensure my child is prepared and on time for practices and meets.

Support the Team

- Volunteer at swim meets and work with the club Officials Coordinator to work towards obtaining certification in the following areas:
Timer, Inspector of Turns, Judge of Stroke, Administration Desk, Chief Recorder, Chief Judge of Electronics, Starter, Meet Manger etc. (essential for successful events).
- Assist with team activities, such as fundraisers or social events.
- Model good sportsmanship and respect toward all participants.

Support Healthy Communication

- Share relevant information about my child's health or well-being as needed.
Provide constructive feedback through the proper channels.

Understanding Expectations

- I understand that participation in AMAC is a privilege.
- I recognize that the coaches and Board of Directors set policies in the best interest of all swimmers, and while I may not always agree, I will respect the philosophy and mission of the club.
- If I strongly disagree, I understand that I have the option to choose a different location or program for my child's swimming.

Consequences

I understand that failure to adhere to this Parent/Guardian Code of Conduct; inclusive of Code of Conduct and Ethics may result in the following consequences, as deemed appropriate by the Head Coach and/or the AMAC Board of Directors:

- Verbal warning
- Written warning
- Meeting with the Board of Directors, coach, and parents/guardians to discuss and determine next steps Ongoing violations may result in suspension or removal of myself and/or child from practices, competitions, or the club.

Acknowledgement

I understand that this Code of Conduct must be signed before my child may participate in training or competition. By signing, I agree to uphold and model the values and expectations of AMAC.

Parent/Guardian Name (print): _____

Signature: _____ Date: _____

Parent/Guardian Name (print): _____

Signature: _____ Date: _____